May 16–19, 2013 • Rice University's Baker Institute • Houston, Texas









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## About the Event

The International Space Medicine Summit (ISMS) 2013 is designed to bring together the world's leading physicians, space biomedical scientists, engineers, astronauts, cosmonauts and educators from the spacefaring nations for high–level discussions to identify not only necessary space medicine research goals, but also ways to change nationalistic policies that prevent coordination and collaboration.

Since Yuri Gagarin's first orbital flight in April 1961, more than 525 people from 37 countries have flown in space. However, only four Russian cosmonauts — Valeri Polyakov, Sergei Avdeyev, Musa Manarov and Vladimir Titov have spent a year or more in space consecutively. Therefore, there is little data on long-duration spaceflight. As man dreams of returning to the Moon, or even landing on Mars, there must be much more research to prevent and/ or mitigate the medical, psychological and biomedical challenges spacefarers face. The International Space Station (ISS) provides a viable laboratory in which to conduct the required research. It is essential that the station be utilized to its fullest potential through cooperative studies and the sharing of equipment and instruments between the international partners.

This conference is committed to fostering increased communication, collaboration and cooperation. By sharing and applying the lessons learned from long-duration human spaceflight and analog research environments, we can apply the resultant advances in technology and human knowledge not only to protect future space travelers, but also to enhance life on Earth.

## **Organizing Partners**

#### Rice University's Baker Institute

The mission of the Baker Institute is to help bridge the gap between the theory and practice of public policy by drawing together experts from academia, government, media, business and nongovernmental organizations. By involving policymakers and scholars, as well as students (tomorrow's policymakers and scholars), the institute seeks to improve the debate on selected public policy issues and to make a difference in the formulation, implementation and evaluation of public policy, both domestic and international. The Baker Institute is an integral part of Rice University, one of the nation's most distinguished institutions of higher education. The efforts of Baker Institute fellows and affiliated Rice faculty focus on several ongoing research projects, details of which can be found on the institute's website, www.bakerinstitute.org.

### **Baylor College of Medicine**

Baylor College of Medicine is committed to being a national leader in advancing human health through the integration of patient care, research, education and community service. The college pursues this mission by promoting patient care of the highest standard, advancing basic and clinical biomedical research, sustaining educational excellence, and fostering public awareness of health and the prevention of disease. Since its founding in 1900, Baylor has grown into an internationally respected medical and research institution. Baylor offers patient care services through several of its Texas Medical Center affiliate hospitals and clinics, with more than 152,000 inpatient visits and 2.2 million outpatient visits annually. The college has more than 70 research and patient-care centers and units. More information can be found on the school's website, www.bcm.edu.

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## **Participating Organizations**

Association of Air Medical Services (AAMS) Association of American Medical Colleges (AAMC) Athena Global Bauman Moscow State Technical University (Bauman MSTU) Baylor College of Medicine (BCM) **Boeing Space Exploration** Boise State University Canadian Space Agency (CSA) China Astronaut Research and Training Center (ACC) Commonwealth Scientific and Industrial Research Organisation (CSIRO) Gagarin Cosmonaut Research and Training Center (GCTC) German Aerospace Center (DLR) European Space Agency (ESA) Excalibur Almaz Harvard University Henry Ford Health System (HFHS) Institute for Biomedical Problems (IBMP) International Space School Educational Trust (ISSET) International Space University Japan Aerospace Exploration Agency (JAXA) King Abdulaziz City for Science and Technology (KACST) King Faisal Specialist Hospital and Research Centre (KFSHRC) King's College London Korea Aerospace Research Institute (KARI) Lunar and Planetary Institute (LPI) Massachusetts Institute of Technology (MIT) The Methodist Hospital (TMH) Moscow State University The Museum of Flight National Aeronautics and Space Administration (NASA) National Institutes of Health (NIH) National Space Biomedical Research Institute (NSBRI) Rice University Rice University's Baker Institute Russian Academy of Sciences Russian Federal Space Agency (ROSCOSMOS) Saudi Commission for Tourism and Antiquities Shanghai Institutes for International Studies (SIIS) Swansea University Tietronix/Safetronix UK Space Agency Universities Space Research Association (USRA) University College London (UCL) University of Geneva University of Houston (UH) University of Roma Tor Vergata University of Southampton The University of Texas Health Science Center at Houston (UTHSC) The University of Texas Medical Branch at Galveston (UTMB) The University of Texas Southwestern Medical Center at Dallas (UTSW) Wyle

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## **Conference** Agenda

### Thursday, May 16

1830 Opening Reception BioScience Research Collaborative, Rice University

### Friday, May 17

0800 Continental Breakfast

### Welcome, Introductions and Opening Remarks

#### 0830 The Honorable Edward P. Djerejian

Founding Director, Rice University's Baker Institute

#### George W.S. Abbey

Baker Botts Senior Fellow in Space Policy, Rice University's Baker Institute

#### Bobby R. Alford

Distinguished Service Professor, Baylor College of Medicine, and Chairman, National Space Biomedical Research Institute

#### **Keynote Address**

0845

Introduction: Neal F. Lane, Baker Institute

#### **Eric Desautels**

Chief of Staff, Office of Arms Control and International Security, U.S. Department of State

#### Panel I — History of Russian Long-duration Spaceflights: Significant Results and Considerations

Moderator: Igor Ushakov, IBMP

0930 Introduction: Bobby R. Alford, BCM/NSBRI

#### Panelists

Sergey Avdeev, Cosmonaut Valery V. Bogomolov, IBMP Inessa Kozlovskaya, IBMP Yuri Malenchenko, Cosmonaut Salizhan S. Sharipov, Cosmonaut Eugenya Yarmanova, IBMP

#### Topics

- Expectations
- Outcomes
- Scientific discoveries and results
- Lessons learned and future applications
- Medical events (addressed and open)
- The Russian perspective: What is the most important problem?

#### **Discussion and Summation**

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#### Luncheon

1200

#### Introduction: Bobby R. Alford, BCM/NSBRI

#### Bert O'Malley

Thomas C. Thompson Distinguished Service Professor and Chair, Department Molecular and Cellular Biology, Baylor College of Medicine

#### Panel II — Planning for Long-duration Missions

#### Moderator: Jeff Sutton, NSBRI

1300 Introduction: Igor Ushakov, IBMP

#### Panelists

Mathias Basner, NSBRI Valery V. Bogomolov, IBMP John Charles, NASA Jeff Davis, NASA Michael Fincke, Astronaut Mikhael Kornienko, Cosmonaut Inessa Kozlovskaya, IBMP Christian Otto, USRA Boris Morukov, Cosmonaut Igor Savelev, Wyle Peggy Whitson, Astronaut Jeff Williams, Astronaut Eugenya Yarmanova, IBMP

#### Topics

- Resources and implementation logistics
- Science priorities
- Engineering challenges

#### Discussion and Summation

1500 Break

 $\label{eq:panel_state} Panel \, \text{III} - \text{Maximizing Scientific Return From the Integrated Use of Facilities and Crew}$ 

Moderator: William Gerstenmaier, NASA

1515

Introduction: Valery V. Bogomolov, IBMP

#### Panelists

Rupert Gerzer, ESA Inessa Kozlovskaya, IBMP Yuri Malenchenko, Cosmonaut Boris Morukov, Cosmonaut Chiaki Mukai, Astronaut Donald R. Pettit, Astronaut Lakshmi Putcha, NASA David St. Jacques, Astronaut Graham Scott, NSBRI

#### Topics

- Sharing facilities, results and inventory
- Availability of crew

#### **Discussion and Summation**

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1700 Reception

#### **Dinner and Keynote Address**

1800

Introduction: Igor Ushakov, IBMP Tereshkova Video Presentation

Introduction: The Honorable Edward P. Djerejian, Baker Institute The Honorable James A. Baker, III Honorary Chair, Rice University's Baker Institute

### Saturday, May 18

0800 Continental Breakfast Graduate Student Poster Presentations

#### Panel IV — The Life Science Challenges of Long-duration Human Exploration Flights

- Moderator: John Charles, NASA
- 0830 Introduction: Leroy Chiao, Astronaut

#### Panelists

Valery V. Bogomolov, IBMP Jay Buckey, Astronaut Jeff Chancellor, NSBRI Mike Fincke, Astronaut Vadim Guschin, IBMP Chiaki Mukai, Astronaut Peter Norsk, USRA William "Bill" Paloski, UH Michelle Perchonok, NASA Lakshmi Putcha, NASA Graham Scott, NSBRI Sharmila Watkins, Wyle

#### Topics

- Radiation
- · Crew health, conditioning and well-being
- · Food and provisions
- "Omics" and human space flight
- Scientific debate regarding duration of flights
- Effects on reproductive systems
- Neurobehavioral, psychological and interpersonal dynamics
- Fetal development during spaceflight

#### **Discussion and Summation**

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#### Panel V — Visual Impairment and Intracranial Pressure (VIIP)

Moderator: Volker Damann, ESA

Introduction: Valery V. Bogomolov, IBMP

#### Panelists

David Baskin, TMH Yael Barr, NASA Valery V. Bogomolov, IBMP Dorit Donoviel, NSBRI Inessa Kozlovskaya, IBMP Larry Kramer, UTHSC Benjamin Levine, UTSW Vladimir Pochuev, GCTC Joel Rizzo, Harvard Graham Scott, NSBRI Yuri Voronkov, IBMP

#### Topics

- Definition of "syndrome" and "problem"
- Operational implications
- Monitoring oral and other treatment options
- Ongoing investigations

**Discussion and Summation** 

#### Luncheon

1130

1030

Introduction: George W.S. Abbey, Baker Institute

#### William Gerstenmaier

Associate Administrator for Human Exploration and Operations, NASA

Graduate Student Poster Presentations

### Live Connection to Antarctic Science Station

Moderator: Graham Scott, NSBRI

#### 1230 **Topics**

- Challenges of medical care
- Emergencies in remote locations

### Panel VI — Future Analogs

Moderator: Boris Morukov, IBMP

1310 Introduction: Jeff Sutton, NSBRI

#### Panelists

Jay Buckey, Astronaut David Dinges, NSBRI Rupert Gerzer, ESA Vadim Guschin, IBMP Inessa Kozlovskaya, IBMP Chiaki Mukai, Astronaut Pascal Lee, NASA Mark Reagan, NASA David St. Jacques, Astronaut

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Igor Ushakov, IBMP Eugenya Yarmanova, IBMP

#### Topics

- Desired characteristics for an analog
- International Space Station as a possible analog
- Follow-up to the 500-day Study
- Other international analogs

#### **Discussion and Summation**

#### Panel VII — Education

Moderator: Karl Doetsch, Athena Global

1400

Introduction: Eugene Levy, Rice

#### Panelists

Chris Barber, ISSET Bonnie Dunbar, Astronaut Francesco Fusco, Boeing Alex Garbino, BCM Vadim Guschin, IBMP Steve Mackwell, LPI Mike Massimino, Astronaut Barbara Morgan, Astronaut Jeff Sutton, NSBRI William Thomson, BCM Jim Tour, Rice

#### Topics

- Stimulating interest in science and engineering education
- Benefits of an international educational program
- Space as a catalyst for learning
- Opportunities for student exchange programs
- International Space University

#### **Discussion and Summation**

1500 Break

#### **Discussion Groups**

Team member assignments to be provided Group A

#### 1530

Implementing Space Station Research and Sharing Facilities Team Leader: Inessa Kozlovskaya, IBMP

#### Group B

Addressing Life Science Challenges of Long-duration Human Exploration Missions Team Leader: Leroy Chiao, Astronaut

#### Group C

Education Needs and Career Opportunities Team Leader: Karl Doetsch, Athena Global

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### **Reception and Dinner**

1800 Introduction: George W.S. Abbey, Baker Institute Crew of STS134

> Introduction: Andrew Feustel and Mike Fincke, STS134 Astronauts Launch of the Alpha Magnetic Spectrometer Samuel Ting Nobel Laureate

Shepherd School Ensemble

### Sunday, May 19

0830 Continental Breakfast

#### **Discussion Group Reports**

0900	Group A	

Implementing Space Station Research and Sharing Facilities

#### Group B

Addressing Life Science Challenges of Long-duration Human Exploration Missions

#### Group C

Education Needs and Career Opportunities

#### **Closing Remarks**

1115

#### Bobby R. Alford

Distinguished Service Professor, Baylor College of Medicine, and Chairman, National Space Biomedical Research Institute

#### George W.S. Abbey

Baker Botts Senior Fellow in Space Policy, Rice University's Baker Institute